Randolph AFB, Texas 57th Year • No. 21 June 6, 2003



12th Flying Training Wing training timeline

Pilot Instructor Training

Squadron	Senior Class	Overal
99th FTS	-3.0	3.0
558th FTS	3.3	1.7
559th FTS	-7.5	0.8
560th FTS	-5.5	-5.8
559th FTS	-7.5	0.8

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.

Navigator, EWO training

302NG F13		203ra F12		
Air Force	235	Undergraduate	48	
Navy	89	International	12	
Internationa	al 1	EWC Course	0	
		Fundamentals	0	

Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.

Wing Sortie Scoreboard

Aircraft	Required	Flown	Annual
T-1A	2,547	2,434	3,835
T-6A	5,847	5,916	8,863
T-37B	5,829	5,653	8,641
T-38A	5,756	5,870	8,640
T-43A	776	814	1 158

Numbers reflect the required and flown missions for the current month, and the required missions for fiscal 03.

Weekend weather

Day	Forecast	High	Lov
Today	~	90	73
Saturday		89	68
Sunday		90	71

Wingspread June 6, 2003 Commentary

Wing down day coming up

By Col. Mark Graper 12th Flying Training Wing commander

Monday is a wing-wide down day in recognition of the hard work of the 12th Flying Training Wing—efforts validated by our Operational Readiness Inspection in May.

The wing is doing terrific things day-in and day-out for America's Air Force - no matter the specific rating of your particular unit, I'm very proud of the work you put into maintaining daily readiness as well as the extra efforts preparing for the ORI.

To the other members of Team Randolph, thank you, in advance, for your patience and understanding with any resulting delay in services.

While security forces, fire protection, and



Col. Mark Graper

other essential activities will be uninterrupted, routine base support functions, such as the military personnel flight, clinic, finance,

transportation and legal assistance to name a few, will return to their usual operating hours Tuesday, as will routine flying operations

Services facilities' operating hours will remain unchanged, with the exception of the human resources office and division administrative office, which will be closed.

For civilian members of the wing, liberal leave or use of previously approved time-off awards is authorized for Monday. If you do not wish to use leave or time-off awards, Monday is a standard workday. Your supervisors can work with civilian personnel to answer any questions about the civilian leave and time-off programs.

I'm humbled and honored to be part of the 12th FTW, and I appreciate all you're doing in service to our nation. Thank you again for your hard work on the AETC/IG ORI! Please enjoy spending time with your families and friends this extended weekend - remember to be safe, and I look forward to seeing you back at work Tuesday.

Wing down day closures

Due to the wing down day, the following will be closed June 9:

Randolph Clinic Military Personnel Flight Human Resources Office

Summer safety-watch for children

By Tech. Sgt. Joseph Del Frate 12th Security Forces Squadron NCO in charge of police services

On Thursday, the Randolph Field Independent School District 2002-2003 school year came to a close.

The children who live on base will begin enjoying their summer vacation by playing outside, riding their bicycles, skateboarding or roller blading.

To increase the safety of our children, vehicle operators should exercise added caution when driving throughout the installation.

Vehicle operators should be extra careful around housing areas, playgrounds, parks and other areas where children may gather for recreational activity, such as baseball

and softball fields, tennis courts and the youth center.

Drivers should be more aware of bicyclists and pedestrians, juvenile and adult, when traveling through parking lots. Drivers should also watch for children crossing streets at locations other than crosswalks without looking both ways for oncoming traffic.

Driving at or below the posted speed limit is one of the best ways to enhance the safety of the community.

Obeying the speed limit provides drivers more time to evaluate their surroundings and to react to potentially hazardous situations.

Voluntary compliance with speed limits is highly encouraged; when that fails, security forces will implement strict speed enforcement measures through active patrolling and radar enforcement.

As stated in Air Force Instruction 31-204, Randolph Supplement 1, Paragraph A3.2., the speed limit on Randolph is 25 mph unless otherwise posted.

Exceptions are housing areas at 15 mph, service drives and parking lots at 5 mph, exchange and commissary access roads at 10 mph and Perimeter Road at 35 mph. Main Circle is 25 mph even though the road is adjacent to a housing area.

Penalties for on-base speed limit violations range from non-judicial punishment for active duty military to collateral fines, which range from \$35 to \$105 for retired military and civilian employees.

For more information, call Senior Airman Christopher Casey at 652-5600 or Senior Airman Jose Martinez at 652-2510.

Summer, sun, skin cancer: What you need to know

Lt. Col. Dawn Jackson
12th Medical Group Health
Promotion Flight commander

Now that summer is just around the corner, you will probably spend more time outdoors. Time in the sun means exposure to solar radiation, which increases the likelihood of skin cancer. While medical researchers have written entire books about the types, causes and effects of skin cancer, it is not necessary to know every detail about this disease. There are really only three important things that all people need to understand about skin cancer: what causes it, how to prevent it, and how to recognize if you might have it.

Skin cancer is caused by sun damage to the skin. While it feels

great to have that warm sunlight on your skin, it is actually doing damage to your skin cells. You see, sunlight contains radiation: UVA (ultraviolet A), UVB and UVC. UVC is very weak and does not play a significant role in skin cancer. UVB is responsible for causing tanning and/or sunburns, but it only penetrates the surface layers of the skin. UVA penetrates to the deep layers of the skin. While it does not cause color changes, such as tans or burns, it can cause significant damage to the skin cells. Over time, continued exposure to the damaging radiation of both UVA and UVB causes the skin cells to turn cancerous.

Risk from sun exposure is cumulative, meaning that all sun exposure over your entire life contributes to damage to your skin.

I have a test for you. Look at the skin on the back of your hand and forearm. Now, look at the skin underneath your arm, close to your armpit. Can you see the difference? Notice all the dryness, the rough spots, the lines, freckles and age spots on your forearm. Notice how the skin by your armpit is smooth and soft. The only difference is exposure to damaging radiation from sunlight.

Now that you have seen the damage already done to your skin, how can you fix it? Unfortunately, you cannot turn back the clock; you can only prevent/minimize further damage. The solution is very simple: protect your skin from sun exposure. This means wearing long sleeves, long pants or

skirts and hats. When covering up is not possible, practical or enjoyable, use sunscreen. Everyone regardless of your skin color needs to wear sunscreen that blocks both UVA and UVB radiation. Everyone should use at least an SPF 15 or higher. Radiation levels are more intense at higher altitudes and between 11 a.m. and 2 p.m. Remember, the damage is cumulative, meaning it adds up over a lifetime, so it is important to wear sunscreen everyday, winter or summer.

The final thing that you need to know about skin cancer is how to recognize it. First, you need to examine your skin on a regular basis. Get familiar with the spots, moles and freckles over your entire body. Do not forget your

back, scalp, and the bottom of your feet and under your nails. In those hard to view areas have your spouse or a friend check your back. Look for spots or moles that bleed easily, or sores that don't seem to heal. Watch your moles and freckles for changes in the color, shape or size. If your notice any of this or have a mole or freckle that is larger than 5mm, the size of a pencil eraser, has uneven edges or multiple colors, make an appointment with your primary care manager.

This summer enjoy the sunshine and warm weather, but do it right by using your knowledge to protect yourself from skin cancer.

For more information about skin cancer, call the HAWC at 652-2300.

Congratulations Retirees

Today

Lt. Col. James Williams, Air Education and Training Command Lt. Col. Craig Soderquist, Air Education and Training Command Master Sgt. Greg Peterson, Air Force Personnel Center

Retirement announcements should be submitted to the *Wingspread* office by Friday at noon two weeks prior to the desired date of publication. E-mail announcements to *randolph.retiree.messages@randolph.af.mil* or fax them to 652-5412. For more information, call the *Wingspread* office at 652-5760.

Wingspread

Randolph Air Force Base, Texas

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Editorial content is edited, prepared and provided by the Public Affairs Division of the 12th Flying Training Wing in accordance with local policy and style guidance. Articles for the newspaper should be submitted by Friday at noon for the following week's newspaper.

Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of building 100. Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760. All photos, unless otherwise indicated, are U.S. Air Force photos.

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Instructing flight discipline

By Lt. Col. Randy Gibb 99th Flying Training Squadron commander

Students never forget their teachers...from their 7th grade gym teacher to their high school English teacher, and especially their flight instructors. Students remember everything about these teachers: how they carried themselves, how they acted when confronted with adversity, how well they listened to questions, and how well they followed the rules. Every day and on every flight in Pilot Instructor Training is a platform for "teachable moments" of flight discipline.

For Air Education and Training Command and the Air Force, the 12th Flying Training Wing is the birthplace of aviation flight discipline, the #1 core competency of aviation education. From here, the graduated instructor pilots will go on to instruct in Specialized Undergraduate Pilot Training. The educational outcome growing from what is learned here eventually becomes the very foundation for the aviator's operational mission success.

Every action by a flight instructor is a modeled behavior in the eyes of the student. As role models to the students, teachers are not only instructing a specific skill; they are also teaching integrity. Aviation is an unforgiving profession; absolute, perfect flight discipline must be the course training standard. Teachers must remember that the specifics of the particular airplane and the maneuvers taught will fade; however, remaining in the student's mind will be the impression

that the instructor made on them in terms of flight discipline.

Students look up to their instructors and take mental note of all of their habit patterns, flying procedures and even their out-of-the-cockpit behavior. Students are thirsty for success and they will attempt to duplicate all their instructor's actions.

Teachers are an "all knowing entity" that, from the students' perspective, have a level of skill that they aspire to reach. That is why it is imperative that instructors set the best possible example, especially in terms of flight discipline.

Teaching flight discipline is much more challenging than simply teaching a student how to fly a cloverleaf or an non-directional beacon approach. Thus, it is imperative the flight instructor ensure every action, from the pre-flight briefing and ground operations, to checklist procedures and execution of the flight and finally the post-flight paperwork, all comply with regulations, instructions and technical orders.

In the training and teaching environment, the end does not justify the means.

According to retired Lt. Col. Tony Kern, author of three aviation safety books, flight discipline is the foundation of airmanship. Airmanship has been around for 100 years, yet in the world of aviation education, modeling and mentoring flight discipline have been overlooked. Humans make errors, and flying is a matter of managing those errors. Intentional errors, breaches of flight discipline however, are not tolerable and have no place in an aviation schoolhouse.

Flight discipline is also a matter of

character. Do you have the character to stand up for doing the right thing? Regardless of rank or instructor level, you must approach individuals who breach flight discipline—silence only condones the behavior.

Teachers impact people's lives. It would be a great injustice if, having had the opportunity to correct a dangerous behavior, an instructor failed to correct it and later a fatality occurred. I was once at an IP meeting when the topic of flight discipline was addressed. A suggestion thrown out to the group was to imagine the wing commander was in the back of the airplane with you. While this idea may motivate some, it is not necessarily a good approach to tackling flight discipline problems.

True flight discipline is displayed when no one is looking. Follow the rules and flight instructions whether the wing commander, a new student or no one is in the airplane with you. Flight discipline requires professional aviators of strong character, and that flight discipline needs to be modeled to young, impressionable student pilots.

Vital qualities for mentoring students are character and integrity. Just as important is the respect the teacher has for the students and their success. Years back, I stumbled onto an article about "authenticity" and how it related to teaching. In essence it stated students could instantly sense the true and sincere concern teachers had for their students and their topic of instruction.

Webster's Dictionary defines authenticity as true to one's spirit, personality, or

character; authentic-good faith and sincerity of intention. Teachers need to strive for authenticity.

Pitch and power settings will long be forgotten, but students will forever remember the character of the individual who taught them. Authenticity is what earns teachers respect from their students. Authenticity is the goal for instructor pilots modeling flight discipline. What type of teacher are you? Do you hold a sincere respect for the student you are teaching? Do you contact the student prior to the sortie to ensure you are familiar with the mission requirements and can aid in planning the profile? How thorough are your debriefs? Actions such as these set the tone for authenticity of instruction. Actions such as these demonstrate the character needed in today's flying education.

Concepts of instruction and mentoring ideal behavior are synonymous with leadership. Teachers are leaders of their students. Followers look to their leaders to carry themselves honorably in their personal and professional lives, in actions and words. Followers look to their leaders to handle adversity calmly and with class. Followers look to their leaders to listen and to respect their concerns. Followers expect their leaders to set the example and follow the rules. Leaders need to be of the strongest character, model ideal behavior and have the utmost authenticity. Flight instructors are leaders. They educate, teach and train skills simultaneously while they model the behavior of a professional officer.

Students never forget their teachers.

Wingspread June 6, 2003

Predicting the weather for Randolph

Bob HieronymusWingspread staff writer

It affects everybody. Some people complain about it. If we can't think of anything else to say, we talk about it. Sometimes it really gets everyone's attention. But for the eight people in the 12th Operations Support Squadron Weather Flight, it occupies their full attention.

While most people take the weather in South Texas pretty much for granted, every aircrew that plans a flight originating at Randolph will include information developed by the base weather flight in their planning. From 4 a.m. to 10 p.m., every normal duty day, the people of the weather flight are on station to observe, report and brief commanders and aircrews on weather factors here. Someone from the flight is on call 24 hours a day, seven days a week.

Capt. Bryan Caffrey, weather flight commander, said, "If the weather is going to affect the base's mission in any way, it's our job to identify it and let the right people know with as much advance warning as possible."

The 26th Operational Weather Squadron at Barksdale AFB, La., issues daily forecasts for Randolph that the base weather flight tailors to the local flying mission. To further update that data, one of the duty staff goes outside every 20 minutes to take an observation confirming the automated

"If the weather is going to affect the base's mission in any way, it's our job to identify it and let the right people know with as much advance warning as possible."

Capt. Bryan Caffrey
12th OSS Weather Flight commander

inputs from the sensors located at each runway.

The automated equipment has sensors that constantly measure wind direction and speed, temperature and dew point, cloud ceiling heights and atmospheric pressure. The same wind sensor equipment is located at the Hondo and Seguin remote airfield operating locations where the wing's aircraft normally fly training missions. The weather flight members are also trained in using various handheld sensors as backup to the automated systems.

In order to provide adequate time to protect base resources, the flight generates warnings of various potentially damaging weather phenomena such as tornadoes, freezing precipitation and lightning strikes. For example, the goal is to provide at least four hours notice of severe thunderstorm conditions in the general area and two hours warning if they are going to directly affect the base.

There is a wealth of experience found in the weather flight. Both Captain Caffrey and 1st Lt. Aaron Doriani have degrees in meteorology and the enlisted observers have been doing weather observations and forecasting for as long as fifteen years. In January, civilians will replace the entire military staff of the weather flight as part of long range, Air Forcewide planning, but the services provided will remain the same.

Weather services are provided in two categories. Airfield services take observations, disseminate weather information and issue warnings and watches to protect local military resources. Mission services are directly related to flying activities, to include pre-mission briefings to aircrews.

"We take our jobs seriously and know we contribute to the success of the base mission," said Captain Caffrey. "Whether using our own local observations or the National Weather Service NEXRAD radar, we can provide good information to the commanders, aircrews and base personnel any time they need it."

For more information, contact the weather flight at 652-5329.

Navigator graduates receive special recognition

By Airman 1st Class Chad Tarpley 12th Flying Training Wing Public Affairs

One Navy and two Air Force officers received special recognition during the Joint Specialized Undergraduate Navigator Training graduation ceremony here May 30.

First Lt. Charles Lutter received the Air Education and Training Command Commander's Cup, presented to the top overall graduate. He also earned the Jack Donovan Award and the Academic Excellence Award.

Ensign Deborah Jimenez received the Alden C. Markey Award and 2nd Lt. Seth Anderson received the Ira J. Husik Award.

Members of the graduating class received their navigator, naval flight officer and electronic warfare officer training in the 562nd Flying Training Squadron and 563rd FTS.



First Lt. Charles Lutter III

AETC Commander's Cup

Jack Donovan Award

Academic Excellence Award



Ensign Deborah Jimenez Alden C. Markey Award



Second Lt. Seth Anderson Ira J. Husik Award

Single point of contact

New office provides civilian personnel service

By Master Sgt. Randy Mitchell Air Force Personnel Center Public Affairs

The newly formed Civilian Field Activities office will soon serve as a single point of contact on civilian personnel operational issues for major commands and civilian personnel flights.

The new office will provide standardization and consistency to its customers by becoming the new focal point for MAJCOMs and CPFs to receive operational guidance.

"A recent headquarters review revealed operational work was being performed by the AF/DP staff, whose mission is to develop and issue policy," said Ms. Lou Fletcher, who heads the new office.

"By establishing this office and moving the operational work to AFPC, it streamlined the Air Staff by allowing policy to be the primary function performed in Washington," said Ms. Fletcher. "It also serves as the starting point for transitioning all operational work under one organization."

"We envision providing comprehensive implementation guidance to civilian personnel staffs, which have been severely reduced over the past eight years," said Mr. Gregory Den Herder, AFPC executive director.

In addition to assisting MAJCOMs and CPFs with guidance, the new office will identify the training and career development needs of our base-level programs.

"Additionally, the office will conduct assessments," Ms. Fletcher said. "This will give us first-hand knowledge of what is working well in the field, and what isn't working well. This will make us more responsive to our customers on a day-to-day basis, much like our AFPC counterparts in uniform do for the military personnel flights."

Honoring the Centennial of Flight

Honoring the Centennial of Flight is a series of short vignettes about remarkable achievements or events related to the first 100 years of aerial history.

June 6, 1944, was the day when the World War II allied invasion of northern Europe began on the French coast at Normandy. Three days earlier, the first daylight airborne electronic countermeasures missions were flown by specially equipped B-17s to jam German anti-aircraft control radars. In the three days before the invasion,

2,863 bomber and 600 fighter sorties were flown by American and British air forces to soften and confuse German defenses, and interdict lines of communication along the English Channel. On the day of the invasion, 2,587 bomber, 3,342 fighter, and more than 1,400 troop carrier sorties were flown in the area. This was the largest concentration of airpower in history. The German Air Force had only 319 fighters in all of France that day, of which only two made it into the air above the landing beaches. (Research by Bob Hieronymus)

Quality-of-life survey results are in

By Staff Sgt. A.J. Bosker Air Force Print News

WASHINGTON — The results of the 2002 Chief of Staff Quality-of-Life Survey have been compiled and show an increase in satisfaction with the Air Force as a job and way of life, survey officials said.

The survey, sent to more than 100,000 active-duty airmen and civilian employees in September, included questions about the job, career intent and quality-of-life priorities such as manpower, work environment and compensation, said Shontelle Rivers, chief of the Air Force quality-of-life program at the Pentagon.

Charles Hamilton, chief of the Air Force Personnel Center's survey branch at Randolph Air Force Base, Texas, said the 2002 survey shows increased satisfaction, virtually across the board.

"The (survey) responses were more positive than the 2000 survey," Hamilton said. "And career intent was up among all demographic groups."

Overall, 90 percent of airmen, including pilots, and 89 percent of civilians believe the Air Force is a good place to work and 81 percent of military and 91 percent of civilians report that their families are supportive of their careers, Rivers said. The responses are each higher than the previous two survey results.

The survey also showed that career intent increased among all groups from previous years, she said. Nearly 75 percent of all officers, 66 percent of the enlisted force and 82 percent of civilians report they will make the Air Force a career.

However, a common quality-of-life concern among all groups surveyed was manpower, Hamilton said.

Nonpilot officers and civilians ranked manpower as their No. 1 concern while pilots and enlisted airmen said operations tempo, and compensation and benefits, respectively, were their top two concerns.

More than one-third of all commanders and first sergeants who took the survey also reported manpower as their top quality-oflife concern, Rivers said.

"Nearly one-half of the people reported that they feel there are too few people in the workplace to get the job done, and the majority of military airmen and half of the civilians reported they are performing additional duties," Hamilton explained.

Survey results indicate officers spend 7.9 hours per week, and enlisted members 8.3 hours per week, on additional duties. Civilians reported spending 3.3 hours per week on additional duties.

In spite of these numbers, the 2002 survey showed a 2.6-hour reduction in the average military workweek from the 2000 survey. Civilians reported a two-hour increase in their workweek.

Although the 2002 survey showed between an 11 percent and 46 percent decrease among the various demographic groups in the number of people who believed the military retirement system was unfair, it also highlighted another worry for personnel officials.

Nearly 70 percent of company grade

pilots, 49 percent of company grade nonpilots, 89 percent of first-term airmen and 60 percent of second-term airmen reported they do not know which retirement system applies to them.

"I advise anyone who doesn't know which plan applies to them to talk to their supervisor, first sergeant, commander or finance office," Rivers said. "Our family support center financial advisers can also help point people in the right direction."

In light of these numbers, Rivers also encouraged supervisors, first sergeants and commanders to talk to their people about their retirement options.

"The goal of the surveys isn't to report only the good points," she said. "We take these surveys seriously and use the information, both positive and negative, to focus our efforts to help people and improve their quality of life. The information gathered from this survey will be used by senior leaders to make the service a better way of life for all Air Force men and women and their families."

National Security Forum

Honorary commander attends event at Air War College

By Susan Gandy

12th Flying Training Wing Public Affairs

A 12th Flying Training Wing honorary commander was one of 140 civic leaders chosen nationwide to attend the Secretary of the Air Force-sponsored National Security Forum at Air War College at Maxwell Air Force Base, Ala., May 26-30.

Dr. Tracy Holmes, a local dentist, joined other community leaders at the 50th Annual NSF, an opportunity for Air War College students, allied armed forces, senior military and civilian leaders to interact with a broad cross-section of civilians from around the country.

Nominated by Col. Mark Graper, 12th Flying Training Wing commander, Dr. Holmes is a dentist with his own practice located in Universal City since 1998. He is an active public servant through his community involvement and commitments. He is an active member of the San Antonio District Society, Texas Dental Association and the American Dental Association. "In his position as a board member with the Randolph Metrocom Chamber of Commerce, Tracy has worked to enhance and develop a strong partnership between the chamber and Randolph," said Colonel Graper.

"Tracy actively campaigned for and worked on the committee to bring fluoride to San Antonio in 2000. He gra-



Dr. Tracy Holmes arrives at Maxwell AFB, Ala., for the National Security Forum May 26-30. (Courtesy photo)

ciously gives his time to speak to professional organizations and school children about dentistry and oral health. Because of Tracy's influence and leadership, he certainly is the kind of individual we wanted to attend the National Security Forum," added Colonel Graper.

Dr. Holmes has a personal interest in and fond memories of Randolph - his father was stationed here for two years

before he opened his own practice in Universal City in 1965.

Dr. Holmes has been an honorary commander since 2001 and is partnered with Col. Jay Clemens, 12th Aeromedical-Dental Squadron commander. "Dr. Holmes has been the most enthusiastic honorary commander I've ever seen and it has been my distinct pleasure to have worked with him over the past two years. I truly believe he has made a significant impact in strengthening relations between civic and military leaders here in the Randolph area," said Colonel Clemens.

As part of the NSF, Dr. Holmes had the opportunity to interact with future military leaders and broaden his understanding on national security issues. Some of the speakers who addressed the forum were Gen. John Jumper, Air Force Chief of Staff, and Dr. James Roche, Secretary of the Air Force.

In addition to the seminars, Dr. Holmes also received a glimpse into the professional military education system.

"This was a unique opportunity to see the inner workings of our armed services and their decision making process," said Dr. Holmes. "I was able to meet with professionals at different levels and gain an appreciation of the jobs they're up against. The course included international officers as well, who gave us a greater sensitivity to their perspective of what they think of the U.S. presence around the world," he added. "I'd do it again and would recommend this opportunity to my colleagues!"

Recruiters



Each member in the Air Force is an "ambassador in blue" in the local communities. Each person can make a difference in the decision for someone to join the Air Force. Here are some tips on how you can help the recruiting effort.

- ☐ Be a role model in your community.
- ☐ Talk to young people in grocery stores at the checkout line, dry cleaners or while shopping.
- ☐ Get involved with youth programs, whether in high schools or through church and community organizations.
 - ☐ Volunteer as a recruiter for a week.
 - ☐ Work with your local recruiting squadron

and set up some time to visit classrooms to talk about your experience.

- ☐ Talk about what the Air Force has done for you and the successes you've had because you joined.
- ☐ Talk about why you are staying in the Air
- ☐ Take advantage of the Recruiter Assistance Program. Each member of the Air Force is authorized a permissive TDY home for up to 12 days to perform recruiting duties with the local recruiter.
- ☐ Work with the public affairs office and support base tours for local recruiters. Get local high

school guidance counselors and principals involved with base activities.

- ☐ Establish an "Adopt a High School Program," where local high schools are brought in for base tours and Air Force members in each unit can talk about their experiences in the service.
- ☐ Invite local school leaders and counselors for base orientations, certainly events like air shows.
- ☐ Remember to keep your public affairs office informed of these activities mentioned.

Contact the 12th Flying Traing Wing Public Affairs office at 652-5760 for more information.

America at War



"In the Second World War, the forces of freedom came together to defeat Nazism. In the Cold War, our transatlantic alliance opposed imperial communism. And today our alliance of freedom faces a new enemy, a lethal

combination of terrorist groups, outlaw states seeking weapons of mass destruction, and an ideology of power and domination that targets the innocent and justifies any crime."

President George Bush
Press conference in Poland

Randolph supports global mission

As of Monday, 141 Team Randolph members are deployed in support of military operations around the globe.

Iraq survey group to take over hunt By Jim Garamone

American Forces Press Service

WASHINGTON — A significant expansion of effort in the hunt for weapons of mass destruction will begin to take hold in Iraq in coming days, DoD officials said May 30.

That presence will come about with startup work by the Iraq Survey Group. Army Maj. Gen. Keith Dayton, who will head the group, said the group will consolidate the efforts of the various collection operations in Iraq under one national-level headquarters.

The group will ultimately have between 1,300 and 1,400 people from the United States military, other U.S. government agencies, the United Kingdom and Australia. The group's analytical center will be located with U.S. Central Command's forward headquarters in Qatar as will the Combined Media Processing Center.

The group will have a powerful intelligence analytical element in the region with connectivity to an interagency intelligence community fusion center based in Washington, Dayton said. The group's primary goal is to search for and eliminate

weapons of mass destruction, he said. But experts with the group will also exploit documents and media related to terrorism, investigate war crimes, gather information on POW/MIA issues and other things related to the former Iraqi regime.

"The goal is to put all the pieces together in what is appearing to be a very complex jigsaw puzzle," Dayton said.

The group will maintain a potent "disablement and elimination capability" for weapons of mass destruction.

Dayton, who serves as director of the Defense Human Service within the Defense Intelligence Agency, said the 75th and "its associated elements have done a truly magnificent job in the two months its been operating under very difficult conditions in Iraq." Members of the 75th have visited more than 300 sensitive sites. Dayton said all Americans owe the members of the unit a debt of gratitude.

"The ISG represents a major change in the search for WMD in Iraq," he said. "It builds on the work already done by the 75th. But

with its robust analytical capability forward and consolidation of the various intelligence disciplines operating in Iraq, now under one national-level headquarters in Iraq, the ISG is well-positioned for some real synergy here as we continue the hunt for weapons of mass destruction and delve into other areas of national interest."

The group will report through military channels through the commander, Combined Joint Task Force 7, to the commander, U.S. Central Command. George Tenet, the director of central intelligence, will help set the protocols for the group's reports, said Steve Cambone, defense undersecretary for intelligence.



Water safety tips

By Jennifer Valentin Wingspread staff writer

With the summer approaching, the San Antonio Area Chapter of the American Red Cross offers some safety tips to families when playing or swimming in the water.

Children as well as adults should learn to swim well. Children should always be within an arm's length when swimming with adults.

Children and adults should always wear the proper swimming gear and, when necessary, personal flotation devices approved by the U.S. Coast Guard.

"Lifesaving equipment should always be kept around the pool area in case of an emergency," said Kathryn Keck, San Antonio Area Chapter of the American Red Cross public affairs.

Lifesaving equipment includes a first aid kit, a cordless telephone and a list of emergency contact telephone numbers.

The fences or gate around the pool area

should be locked when not in use and should not have any holes where children can climb through.

Swimmers should only swim in supervised areas and pay attention to signs where diving is not allowed, said Ms. Keck.

If a person is too cold, tired, is dehydrated or has been doing too much strenuous activity, they should be careful when swimming. Alcohol can also impair a person's swimming capabilities.

Weather conditions should be checked before going in the water.

"A safety bag should be packed when going for a day in the water," said Ms. Keck. "Sunscreen with a 15 or higher SPF, water shoes, a hat, sunglasses and plenty of water is necessary for a day in the sun."

It is always a good idea to learn CPR, suggested Ms. Keck. It is important to know what to do when an emergency situation arises.

For more information, visit www.sared-cross.org, or call 224-5151.

Sleep deprivation can be prevented

By Jennifer ValentinWingspread staff writer

Sleep deprivation is caused by a person not getting the adequate amount of rest they need, said Maj. Brandon Clint, 12th Aeromedical-Dental Squadron flight surgeon.

"The average person needs about 7-8 hours of sleep per night," said Major Clint. "With the right amount of sleep, a person can function properly the next day."

Unfortunately, with today's busy schedules this is not always possible. Sleep deprivation could result from insomnia or a lost opportunity to sleep.

If a person has trouble sleeping at night, they need to first identify if it is just for short periods of time, or for longer periods of time.

If it is for shorter periods of time, said the major, they need to find out what is causing the sleeping problems and fix it.

A short period of time is no more than three weeks.

If it is for longer periods of time, they need to identify why they are having trouble, whether it is from stress at work or at home. People with this trouble usually have to see their health care provider, said Major Clint. Longer periods of time are more than three weeks.

Insomnia for longer than three weeks duration could be a signal for a medical condition and people may seek the advice or a health care provider.

According to the American College of Physicians, for those with insomnia, people should try to maintain the same to-bed and wake times. If they cannot sleep, they can get up and read or watch television until they become drowsy.

It is recommended that people should not take naps during the day, not keep a clock visible while sleeping and not drink caffeine two hours before bed and alcohol five hours before bed. For people who have recently had their duty hours changed, they need to adjust their schedules to fit their lost amount of sleep, said the major. They do not necessarily need to get a full extra hour of sleep, but adjust their sleep patterns to fit their new schedule.

People should be relaxed two hours before bedtime and not spend more than seven to eight hours in bed.

"If someone did not get a good night's sleep and needs to wake up in the morning, caffeine would be the safest way for them to do so," said Major Clint. "Over-thecounter medicines for waking up or caffeine pills are not recommended, unless given by your health care provider."

"With our Air Force duties becoming more complex," said the major, "we all need to be well-rested every day so we can do our jobs well."

For more information on sleep deprivation, call 652-4267.

Vigilance by all is the best defense at home



Members of the 12th Services Division pose for a group photo. The 12th Services Division recently received six awards from the 2003 Air Education and Training Command Services Program and Flight Awards program. (Courtesy photo)

12th Services Division wins awards

By Jennifer ValentinWingspread staff writer

The 12th Services Division recently received six awards from the 2003 Air Education and Training Command Services Program and Flight Awards program.

They received #1 child development center in AETC, #1 officers' club in AETC, #1 enlisted club in AETC, #1 family child care program in AETC, #1 human resources office in AETC and #1 Services training division in AETC.

"The child development center strives to improve each child's experience through ongoing staff training, program creativity and parental involvement," said Sara Wilson, family member support flight chief. "We have the only CDC in the Air Force with a 100 percent trained staff qualified to perform Smart Start community services, training teenage parents with the information they need."

The CDC has a one-of-a-kind covered playground designed to challenge every child physically, socially, cognitively and emotionally, while providing protection from the elements, said Ms. Wilson.

"The CDC has strong leadership standards," said Ms. Wilson. "They continue to strengthen the parent and child connection and continue to provide a healthy and safe environment for the children."

The officers' club has completed a recent renovation of the Sky Lounge and added a variety of customer service programs, such as special wine tasting events, introduction of Boss and Buddy specials and expanded catering services.

"The officers' club is nothing less than superlative with innovative programs," said Mike Casey, business operations flight chief. "It continues to provide exceptional customer service to a large, diverse population."

Management and customer satisfaction is the club's focus, using tools such as surveys and focus groups to look at customer feedback. Customers are the main reason for day-to-day change throughout the club, said Mr. Casey. "The enlisted club serves the largest enlisted club membership in the command and has made the Randolph club the biggest and most successful club in AETC," said Mr. Casey.

The club started and continued many programs, such as birthday bingo, bus tours and Super Bowl and Pro Bowl football game trips.

"The staff at the enlisted club is key to every success, and management works closely with every staff member to work out ideas and make improvements," said Mr. Casey.

Food sales, bar sales and bingo sales increased over the previous year, making the total increase the highest in the command.

The family child care program supplied more than 35 providers with more than 13,750 hours of child care for children ages 2 weeks old to 12 years old.

"The FCC uses resourcefulness as one of its many strengths as one of the most productive programs in the Air Force," said Ms. Wilson. "They aspire to aim high and provide topnotch supervision."

FCC coordinators and providers spend time volunteering with youth sports, the elementary school, base chapel and area churches. They invite directors and staff from other local early childhood programs to the base for training sessions. Potential FCC providers are also invited to tour providers' homes. Experienced providers also serve as mentors to the newest providers at Team Randolph. This facilitates their transition into a new career path and helps them meet the needs of both parents and children.

The human resources office is continually seeking new ways to enhance HRO processes for both internal and external customers. They have been successful in expanding recruitment methods for all job vacancies by advertising on the new HRO Web page, setting up an application booth at the Texas Workforce Commission twice a month, having applications available at the main gate welcome center, and advertising in the local mail.

See **AWARDS** on page 4





(Above) Terry Pilloff cuts Ensign John Mullen's hair at the barber shop in the Randolph Officers' Club.

(left) Tech. Sgt. Danilo Vargas and Ed Schieber, Services training office, go over training information and procedures. (Photos by Jennifer Valentin)



On the cover

Cook Paula Semersky prepares food for the lunch crowd at the enlisted club. (Photo by Patrick Campbell)

AWARDS continued from page 14

"Besides providing workshops for employees, the office participated in Fam-A-Ganza resulting in more exposure and an increase in applicants," said Cheryl Johnson, NAF human resources officer.

Their quick recruitment of highly skilled individuals resulted in minimal interruption of customer service. The HRO ensures their employees received orientation and customer service training in one full eight-hour work day before they start their job.

Being actively involved in human resources and the training field is the priority of the Services training team.

"The training team has the extraordinary foresight to identify and establish an internal program for all Services activities, including about 550 civil service, non-appropriated fund and military personnel," said Ms. Johnson. "The team has a good relationship with managers, assisting them with efficient on-the-job training and employee development."

The training team also made contact with local professional organizations, providing seminars and workshops in the area, resulting in several opportunities for training and professional development for services personnel.

"The 12th Services Division takes great pride in serving Team Randolph," said George DeCoux, 12th Services Division. "Their motto of People Making a Difference has translated beyond words into action, as evidenced by the results of the annual awards."

Col. Greg Patterson, 12th Support Group commander, added that the Services division continues to impress Team Randolph personnel as well as the thousands of visitors they host every year.

"This level of award and the number of awards received just quantifies what all of us here at Randolph already knew, that they are truly the best in the business," said Colonel Patterson.

For more information on Services programs, call 652-2052.

Base offers monthly activities



South pool

The south pool is available for private parties Saturdays from 6-9 p.m. Reservations must be made in person at equipment rental, Building 897, from 7:30 a.m. to 4:30 p.m. Mondays and 9 a.m. to 5 p.m. Tuesdays through Fridays. Active duty military assigned Randolph have priority. Reservations must be made at least two weeks in advance of the party. A fee of \$65, plus the cost of lifeguards is required. Cancellations must be made three working days prior to the use date in order to receive a refund. A minimum of two lifeguards is required for all parties. After 50 people, an additional lifeguard will be added for every 25 people.

Sunset Cruise

Outdoor recreation at Canyon Lake invites you to enjoy a sunset cruise on the lake, departing the marina at 6:30 p.m. and returning after sunset, lasting approximately 2 1/2 hours. The cruise takes place every Saturday and is only \$3 per person or \$5 per couple.

For more information, call Canyon Lake at 1-800-280-3466.

Comal River Night Dive Trip

A night diving and snorkel trip is scheduled for Sunday and June 22 on the Comal River. Participation is limited to fifteen divers/non-divers, so reserve early. All participants will be responsible for providing the required equipment and a valid certification "C" card. Price for divers is \$30 and snorkelers is \$15. The trip will leave the equipment checkout facility at 6:30 p.m. and return at 10:30 p.m.

For more information, call 1-800-280-3466.

Canyon Lake diving trip

Canyon Lake Outdoor Recreation invites all certified scuba divers to sign up for the Canyon Lake diving trip, held June 14 and June 28. It will consist of a two-tank dive at one of the known diving sites on Canyon Lake. All divers must provide required equipment, including a valid certification "C" card. Seats are limited to eight divers per trip. The price is \$45. The boat will depart from the marina at 9 a.m. and return at 3 p.m.

For more information, call 1-800-280-3466.

Father's Day Brunch

A Father's Day brunch will be held at the officers' club June 15. Golf is the theme for this special occasion. Dads may fill out entry forms to win prizes, such as a complimentary round of golf with cart and complimentary golf balls from the golf course. The best-dressed dad in golf attire will win a gift certificate, also from the golf course.

Seating times are 10 a.m. and 12:30 p.m. The doors will open at 9:30 a.m. Adults dine for \$14.75 with members' first price of \$12.75; children ages 5-12 dine for \$7.50, members' first price of \$5.50; and children under the age of five dine for free. No coupons will be accepted. Randolph Officers' Club members may make reservations now. Members of other officers' and enlisted clubs are welcome to make reservations starting Tuesday until sold out. Reservations accepted at cashier's cage, or by calling 652-4864 Monday from 9 a.m. to 2 p.m. or Tuesday through Friday from 9 a.m. to 5 p.m.

Father/Son Fishing Contest

In honor of Father's Day, Canyon Lake will hold a fishing contest on the Mariana Fishing Pier. The contest will be held June 15th from 8:30 a.m. to 2 p.m. The top three anglers who catch

the most fish will receive trophies.

For more information, call 1-800-280-3466.

Casino tour

Stop by Information, Tickets and Travel and sign up for the Texas Treasure Casino Cruise. The motor coach will depart June 21 at 7:30 a.m. and return at approximately 8:30 p.m. The tour price is \$25 per person.

Call ITT at 652-2301 for more information

Sea World

The world's largest marine life adventure park and family entertainment showplace presents a line-up of more than 25 shows, rides, animal attractions and educational experiences for all ages.

Daily admission passes are available for \$22 for everyone ages 3 and up. A two-year season pass is also available for \$76.50.

Six Flags Fiesta Texas

Fiesta Texas has award-winning shows, rides, a free water park and a festive, Texas-sized extravaganzas all season long. Advanced tickets are available at ITT for \$24 for everyone ages 3 and up.

Schlitterbahn Water Park

Schlitterbahn Watermark Resort is located on the banks of the spring-fed Comal River in New Braunfels, between San Antonio and Austin. Discounted tickets are available for \$27.25 for adults and \$22.50 for children ages 3-11.

Splashtown San Antonio

Splashtown is located just three minutes north of downtown on IH-35 at the Splashtown exit. It is open daily through Aug. 17 and Saturdays and Sundays through Sept. 14. Discounted passes are available at the ITT office for \$13 for everyone ages 3 and up.

June Calendar

Through June 30 Journey Around the World, Fitness **Today** Texas Chili Peppers, 6:30 - 10:30 p.m., Sky Lounge, Officers' Club Saturday Beach Clean-Up/Picnic at Corpus Christi, Youth Center Monday \$10,000 Bingo Extravaganza, 6 p.m., **Enlisted Club** Tuesday Kinder Gambling Trip; 8 a.m. Departure, ITT Rob Carter, 6:30 - 10:30 p.m., Sky Lounge Officers' Club 13 Snack with Mom and Dad, 2:15 p.m., **Child Development Center** 14 Father/Son Golf Tournament, 1 p.m. Tee Time, Golf Course 14 Weekend Kayak Trip, 10 a.m., **Outdoor Recreation** 15 Father's Day Bowling special, 1 -9 p.m., Bowling Center Father/Son Fishing Contest, 8:30 a.m., Canyon Lake Health Fair, 1 a.m. - 2 p.m., Family **Support Center** 19 Membership Night, 7 - 9 p.m., **Enlisted Club** 20 Texas Connection, 6:30 - 10:30 p.m., Sky Lounge, Officers' Club 21 Give Parents a Break, 5 - 11 p.m., **Child Development Center** 21 Texas Treasure Casino Tour, 7:30 a.m. **Departure, Information Tickets** and Travel 21 Weekend Rafting Trip, 10 a.m. **Departure, Outdoor Recreation** 23 \$10,000 Bingo Extravaganza, 6 p.m., **Enlisted Club** 23-27 Youth Golf Clinic, 8 a.m., Golf Course 27 Birthday Celebration, 2:15 p.m., Child **Development Center** 27-29 Hotter'N Hell Open Skeet Shoot,

Airmen's Dining Facility

8 a.m., Skeet Range

Borderline, 6:30 - 10:30 p.m.,

San Antonio Food Bank Volunteer

Service, Teen Event, Youth Center

Sky Lounge, Officers' Club

Building 860 — 652-5533 Recorded Menu 652-MEAL (6325)

4:30 p.m. - 6:30 p.m. Dinner

28

7 p.m. - 8 p.m. Carry out

Weekends and Holidays:

Weekday meals: 5:45 a.m. - 7:45 a.m. Breakfast 10:30 a.m. - 1 p.m. Lunch

8 a.m. - 1 p.m. Brunch 4 p.m. - 6 p.m. Dinner No carry out

Be a survivor, have a designated driver

Randolph Community Bulletin Board



Miscellaneous Community Notes

12th FTW/PA office closure

The 12th Flying Training Wing public affairs office and the Wingspread office will be closed today for an off-base office function

Contact the on-call representative through the command center in emergencies.

MPF closure

The military personnel flight, including the customer service section, will be closed Monday for the wing down day. It will re-open Tuesday at 9 a.m.

For more information, call Tech. Sgt. Karen Morgan at 652-1845.

RFISD summer hours

The summer hours for Randolph Field Independent School District administrative offices start Monday. The hours will be Monday through Thursday from 7 a.m. to 4:30 p.m. The offices will be closed Fridays and July 4.

Second Sunday breakfast

The American Legion Missing Man Auxiliary Unit 667 will host their monthly Second Sunday breakfast Sunday from 9 a.m. to noon at Post 667, 504 Bowie, Universal City. The breakfast is open to the public, costing \$4 for adults and \$2 for children under 12.

For more information, call 658-3731.

Self help center closure

The self help center will be closed Monday for the Wing Down Day.

For more information, call 652-3681.

POV safety inspections

The 12th Transportation Squadron vehicle maintenance flight will be conducting courtesy safety inspections on privately owned vehicles today from 10 a.m. to 2 p.m. at the BXtra parking lot. It will be limited to a visual inspection of safety concerns. Items checked include, but are not limited to, lights, tires and belts. No maintenance will be performed.

For more information, call 652-8277.

AFSA meeting

The Air Force Sergeants Association Chapter 1075 and 1075A will have their monthly membership meeting Tuesday at 7 p.m. in the enlisted club.

For more information, call Tech. Sgt. James Wall at 565-3449.

Pre-kindergarten registration

Registration for children qualifying for participation in Randolph Elementary School's pre-kindergarten program for the 2003-2004 school year is underway through June 20.

Pre-kindergarten classes are offered on a half day basis from Randolph Field Independent School District, from 8-11 a.m. or 12:15-3:15 p.m. All resident students and transfer students can apply.

For more information on requirements or what to bring when registering, call 357-2345.

ASMC meeting

The Alamo City Chapter of the American Society of Military Comptrollers monthly meeting is June 17 at 11 a.m. at the officers' club. A lunch will be offered at 11:30 a.m., including scholarship award presentations and transition to new officers.

For more information, call Master Sgt. Lu Ann Trent at 652-5393.

Retirement/separation briefing

A retirement/separation briefing is today from 8:30-11:30 a.m. in the family support center ballroom.

For more information, call Debra Hall at 652-3633.

Randolph Chiefs' Group meeting

The Randolph Chiefs' Group monthly meeting is today at 3 p.m. at the enlisted club. All chiefs are encouraged to attend.

For more information, call Chief Master Sgt. Kent Uphoff at 652-5503, or visit www.chiefsgroup.org.



Family Support Center

Building 693

Telephone: 652-5321

Drug, Alcohol Driving Awareness Program

This is a six-hour course which can be used for a 5 percent auto insurance discount for a renewal three-year period. It is designed to address risks associated with alcohol and drugs.

The program is held Saturday from 8:30 a.m. to 3:30 p.m. For more information, call 824-8180.

Waiting families support group

Join others and learn about video teleconferencing, hearts apart, car care and more Monday from 5:30-7 p.m.

For more information, call 652-5321.

Driving safety course

For more information about the driving safety course held June 14 from 8:30 a.m. to 3:30 p.m., call the South Texas Safety Council at 824-8180.



Education Services

Telephone: 652-5964

Building 208

College fair

Area colleges, including the University of Texas at Austin, are sending representatives to answer questions and provide promotional materials. Financial aid, teacher certification and commissioning program representatives will also be available. Southwest Texas State University will provide unofficial teacher certification evaluations. Students interested in this service need to bring copies of all transcripts listing undergraduate degree credit. Evaluations will be provided on a first come, first served basis.

The fair will be held June 26 from 11 a.m. to 2 p.m. in the main ballroom at the family support center.

FAFSA and scholarship help

Representatives from the Council of South Texas for Economic Progress will available to assist people with their Federal Student Aid at the college fair June 26 from 11 a.m. to 2 p.m. at the family support center. Students interested in applying for federal financial aid will need a copy of their 2002 tax return (1040, 1040A, and W-2). They will also have information on other financial aid and scholarships.

For more information, call 805-8339.

TTT

Under the Troops to Teachers program, eligible military personnel have the opportunity to pursue a second career in public education. Congress recently appropriated \$18 million to the TTT program to provide financial and placement assistance to eligible participants. If interested in a second career in teaching, a TTT representative will be available at the Randolph college fair June 26 from 11 a.m. to 2 p.m. at the family support center ballroom.

For more information, call 652-5964

Park University

Park University offers bachelor's degrees at Randolph in Computer Science, Management/Computer Information Systems, Management/Accounting, Management/Marketing, Management/Finance and Social Psychology. Courses are offered in an eight-week format, two nights a week. Financial aid is available and tuition assistance is accepted.

For more information, call the Park Resident Center at 566-9595, or e-mail rand@mail.park.edu.

ACSC

Recruitment is now in progress for the Air Command and Staff College 03/04 CD-ROM based seminar program. Majors, major-selects and civilians, GS-11 and above, are eligible to enroll in this program. Seminar meetings are held weekly and begin in early August and run through June 2004. Computer requirements include: IBM compatible, Pentium processor with Windows operating system, 32 Mb of RAM, CD ROM, and sound card with speakers. An introductory meeting will be held Aug. 5 at 4 p.m. at the education center.

To apply to the program, visit www.randolph.af.mil/12ftw/12sg/12mss/edcenter/acsc-enroll.htm or for more information, visit http://www.acsc.au.af.mil/home.htm.



Chapel Services

Building 102 Telephone: 652-6121

Protestant

Sunday - Worship I at 8:30 a.m. in Chapel 1; Liturgical at 10 a.m. in Chapel 1; Worship II at 11:30 a.m. in Chapel 1; Gospel at 1 p.m. in Chapel 1

Monday - Vacation Bible School at 9:30 a.m. in the chapel center; Male Chorus at 7 p.m. in Chapel 1

Tuesday - Vacation Bible School at 9:30 a.m. in the chapel center

Wednesday - Vacation Bible School at 9:30 a.m. in the chapel center; Gospel Choir at 7 p.m. in Chapel 1

Thursday - Vacation Bible School at 9:30 a.m. in the chapel center; Precept Bible Study at 6:30 p.m. in the chapel center; Chancel Choir at 7 p.m. in Chapel 1; Musical Practice at 7:45 p.m. in Chapel 1

Catholic

Friday - Rosary at 11:10 a.m. in Chapel 1;Mass at 11:30 a.m. in Chapel 1

Saturday - St. Joe's Men's Group at 8 a.m. in the chapel center

Sunday - Mass at 8:30 a.m., 10 a.m. and 11:30 a.m. in Chapel 2

Monday - Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m.

Tuesday - Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m., Autumn Winds Visit at 2:15 p.m. at the Autumn Winds Retirement Home; Chapel 1; Contemporary Teen and Adult Choir at 6:30 p.m. in Chapel 2; Rite of Christian Initiation for Adults at 7 p.m. in the chapel center

Wednesday - Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1;

Thursday - Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1; Cantor Practice at 6:30 p.m. in Chapel 2; Traditional Choir at 7:30 p.m. in Chapel 2

Ecumenical

Vacation Bible School: June 23-27 from 9:30 a.m. to 12:45 p.m.

Wednesday - Christian Youth of the Chapel Bible Study at 7:30 p.m. in the chapel center



Movies

Telephone: 652-3278

Building 100

Admission at the base theater is \$2 for adults and \$1.50 for children unless otherwise noted.

Today

"Malibu's Most Wanted" (PG-13), 7 p.m. Starring Jamie Kennedy. A wannabe rap star's dad wants to change his attitude, so he hires actors to kidnap him and drop him off at the real ghetto.

Saturday

Free screening. 2 p.m. For information, call 652-3278.

"Holes" (PG), 7 p.m. Starring Sigourney Weaver. A teenager and other boys who are sent to a detention camp have to dig holes as part of their punishment.

Sunday

Free screening. 2 p.m. For information, call 652-3278.

"Confidence" (R), 7 p.m. Starring Edward Burns. A con man's latest scam puts him in debt with the mob.

June 13

"Bulletproof Monk" (PG-13), 7 p.m. Starring Chow Yun-Fat. A mysterious monk travels all over the world protecting an ancient scroll.

June 14

"The Lizzie McGuire Movie" (PG), 7 p.m. Starring Hillary Duff. A junior high school graduate travels to Italy and is mistaken for an Italian pop star.

June 15

"It Runs in the Family" (PG-13), 7 p.m. Starring Kirk Douglas. A New York family is successful except when it comes to each other.

Texas powerlifting champions

By Master Sgt. Ennis White Wingspread sports stringer

The newly formed South Texas Powerlifting Team won top honors at the Texas State Powerlifting Championships on May 17.

The team, coached by the multiworld champion and record holder retired Master Sgt. Gene Bell, won first place with many of the team members coming in first or second place. American, state and personal records the team broke.

Kimberly Walford took first place in the 148-pound women's division with a 375-pound squat, 243-pound benchpress and 475-pound deadlift. All lifts were Texas state records and a new American deadlift Record. She was named Best Lifter, Women Division.

In addition, in the women's division, 1st Lt. Stacy Milbauer came in 2nd place in the 132-pound division with a 170-pound squat, 126-pound benchpress and 220-pound deadlift.

In the men's division, Airman 1st

Class Trenton "Mike" Wade continued his dominance of the junior divisions. His lifts of 480-pound squat, 341-pound benchpress and 551-pound deadlift were enough for first place in the 165-pound division and Best Lifter, Junior Division. A multi-record holder in the junior division, Wade will compete at the Men's Teenage/Junior National Power-lifting Championships next month in Baton Rouge, La.

Lt. Col. Danny Deuter had an impressive showing in the Master 198-pound division. His lifts of 407 squat, 386 benchpress (Texas State record Master 40-45 division) and 440 deadlift garnished him first place.

Master Sgt. Ennis White took top honors in the 242-pound division. His personal record squat of 644 was followed by a personal record benchpress of 529 and 611 deadlift. White closed the day by taking the Best Bench and Best Heavy Lifter honors.

Senior Airman William Brown

won first place in the 181-pound novice division. His 418-pound squat, 336-pound benchpress and 512-pound deadlift were impressive for the newcomer.

Retired Master Sgt. Tyron Wilson took first place in the Masters 275-pound benchpress division with an outstanding lift of 451 pounds, narrowly missing on a personal best of 468 pounds.

Rounding out the team was Dewon Johnson. One of the states best lifters in the 220-pound division, Johnson had lifts of 623 squat, 386 benchpress and 661 deadlift enough for second place and a personal total record.

The team will have a very busy summer competing in the South Texas State Championships on June 14 in Seguin, the 2003 AAU Military Nationals July 12 at Little Rock Air Force Base, Ark., the National Benchpress Championships on Aug. 2 in Round Rock, and the Lifetime Drug Free Nationals Sept. 21-22 in Irving.